

Week one

Jacket potatoes are available every day

Monday

Mega Mozzarella & Tomato Pizza With Jacket Wedges and Chop Salad
Creamy Beany Carbonara Borlotti Bean and Mushroom Carbonara with Sweetcorn

Silvertop's Tutti Frutti Yoghurt
Fresh Fruit

Mega Mozzarella Pepper & Pineapple Pizza with Oven Baked Wedges and Appleslaw
Barry's Summer Beany Feast Mediterranean Summer Beans with Oven Baked Wedges and Sweetcorn

Silvertop's Lemonicious Yoghurt with a Crunchy Biscuit
Fresh Fruit

Crunchy Italian Biscuits with Fruit Slices
Fresh Fruit

Veg-Power Pizza Vegetable Supreme Pizza with Oven Baked Wedges & Chop Salad
Pasta Packs Veggie Bolognese Vegetarian Bolognese with Pasta and Chop Salad

Tuesday

Bangers with a Mash Mountain Pork Sausages with Creamy Mashed Potato, Peas & Gravy
Barry Bean's Veggie Chili Vegetable Chili with Soft Tacos with Rice and Salsa

Fruit in Jelly Yoghurt
Fresh Fruit

Pasta Pack's Amazing Bolognese Beef Bolognese with Pasta and a Crunchy Salad
Jud's Baked Bean Spud Jacket Potato with Baked Beans and a Crunchy Salad

Cheese and Cracker Snack
Fresh Fruit

Silvertop's Yummy Yoghurt with Melon and Peaches
Fresh Fruit

Fab Fish Pie Creamy Fish Pie with Broccoli
Pasta Pack's Mac 'N' Cheese Macaroni Cheese with Crunchy Salad

Wednesday

Roast Turkey and Bud's Crispy Spuds With Carrots, Seasonal Cabbage and Gravy
Super Quorn Roast and Bud's Crispy Spuds With Carrots, Seasonal Cabbage and Gravy

Brownie with Fresh Fruit Yoghurt
Fresh Fruit

Roast Pork with Bud's Crispy Spuds With Roasted Vegetables and Gravy
Cauli Corn Bake and Bud's Crispy Spuds Cauliflower and Creamed Corn Bake with Roasted Vegetables

Peachy Crumble Crunch with Custard
Fresh Fruit

Roast Chicken with Bud's Crispy Spuds With Carrots, Seasonal Cabbage and Gravy
Barry's Butterbean Crumble with Bud's Crispy Spuds With Carrots, Seasonal Cabbage and Gravy

Boss' Banana & Sticky Toffee Pudding with Custard
Fresh Fruit

Thursday

Sadie's Sweet & Sour Chicken Sweet & Sour Chicken with Special Rice and Sweetcorn
Jud's Spud with Chickpea Korma Jacket Potato with Cauliflower and Chickpea Korma and Crunchy Salad

Mango FroYo
Fresh Fruit

Sadie's Chicken Tikka With Basmati Rice and Cucumber Raita
Brilliant Chinese Veggie Noodles Vegetable Chow Mein with Broccoli

Fruity Ginger Cake Plate Yoghurt
Fresh Fruit

Sadie's Chilli Stuffed Taco Chilli Beef Soft Taco with Rice & Salsa
Jud's Sizzling Beans Spud Jacket Potato with Sizzling Fajita Beans and Sweetcorn

Super Chocolate Milkshake & Oatie Cookie
Fresh Fruit

Friday

Fish Fingers with Chips Golden Pollock Fillet Fish Fingers with Chips and Baked Beans or Peas
Cheesy Picnic Plate Cheese Ploughman's with Vegetable Sticks

Fruit-Packed Picnic Bar
Fresh Fruit

Crispy Fish & Chips Crispy Battered Pollock with Chips, Baked Beans or Peas
Barry's BBQ Bean Wrap With Chips and Crunchy Salad

Super Vanilla Milkshake and Oatie Cookie
Fresh Fruit

Super Hero Burger Beef Burger with Chips, Baked Beans or Peas
The Very Veggie Hero Hotdog Vegetarian Hotdog with Chips, Baked Beans or Peas

Silvertop's Cool Ice Cream Pot Yoghurt
Fresh Fruit

Week two

If you don't fancy dessert, you can always enjoy fresh fruit.



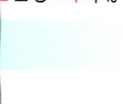
Silvertop's Tutti Frutti Yoghurt
Fresh Fruit

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Barry's Summer Beany Feast Mediterranean Summer Beans with Oven Baked Wedges and Sweetcorn

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Fresh Fruit

Crunchy Italian Biscuits with Fruit Slices
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Pasta Packs Veggie Bolognese Vegetarian Bolognese with Pasta and Chop Salad



Fruit in Jelly Yoghurt
Fresh Fruit

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Jud's Baked Bean Spud Jacket Potato with Baked Beans and a Crunchy Salad

Cheese and Cracker Snack
Fresh Fruit

Silvertop's Yummy Yoghurt with Melon and Peaches
Fresh Fruit

Fab Fish Pie Creamy Fish Pie with Broccoli
Pasta Pack's Mac 'N' Cheese Macaroni Cheese with Crunchy Salad



Brownie with Fresh Fruit Yoghurt
Fresh Fruit

Roast Pork with Bud's Crispy Spuds With Roasted Vegetables and Gravy
Cauli Corn Bake and Bud's Crispy Spuds Cauliflower and Creamed Corn Bake with Roasted Vegetables

Peachy Crumble Crunch with Custard
Fresh Fruit

Roast Chicken with Bud's Crispy Spuds With Carrots, Seasonal Cabbage and Gravy
Barry's Butterbean Crumble with Bud's Crispy Spuds With Carrots, Seasonal Cabbage and Gravy

Boss' Banana & Sticky Toffee Pudding with Custard
Fresh Fruit



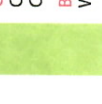
Mango FroYo
Fresh Fruit

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Brilliant Chinese Veggie Noodles Vegetable Chow Mein with Broccoli

Fruity Ginger Cake Plate Yoghurt
Fresh Fruit

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Jud's Sizzling Beans Spud Jacket Potato with Sizzling Fajita Beans and Sweetcorn

Super Chocolate Milkshake & Oatie Cookie
Fresh Fruit



Fruit-Packed Picnic Bar
Fresh Fruit

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Barry's BBQ Bean Wrap With Chips and Crunchy Salad

Super Vanilla Milkshake and Oatie Cookie
Fresh Fruit

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The Very Veggie Hero Hotdog Vegetarian Hotdog with Chips, Baked Beans or Peas

Silvertop's Cool Ice Cream Pot Yoghurt
Fresh Fruit

PLUMBEROW PRIMARY ACADEMY - SPRING MENU 2016

The Deli Bar, serving Jacket Potatoes and Pasta Dishes will also be offered every day

Cool Water served daily

Keep yourself topped up with water – it will help you concentrate all day long.

